

September 2025

Blue = HSCCs and EHSCCs

No color = All Classrooms

Monday		Tuesday		Wednesday		Thursday		Friday	
2	1	2	3	4	5	6	7	8	9
REACH-UP CLOSED		Breakfast¹ WG Blueberry Muffin Tropical Fruit Egg Patty Lunch¹ Sunbutter Sandwich Mozzarella Cheese Stick Cauli & Broc Watermelon Snack² WG Tortilla Chips Salsa Pineapple	Breakfast¹ WG English Muffin Mango Lunch¹ Beef Meatballs Shredded Cheese WG Breadstick Mashed Potatoes Orange Slices Snack² WG Cheerios Mixed Fruit Cocktail	Breakfast¹ WG Toast Apple Lunch¹ Deli Turkey Slices WG Flatbread Cucumbers Halved Grapes Snack² Ritz Crackers Cheese Slice	Breakfast¹ WG Waffle Sticks Peaches Lunch¹ WG Cheese Pizza Romaine Spinach Salad Strawberries Snack² Cantaloupe WG Bagel Cream Cheese	3	4	5	6
3	8	9	10	11	12	13	14	15	16
Breakfast¹ WG Bagel Mandarin Oranges Egg Patty Cream Cheese Lunch¹ WG Fish Nuggets WG Bread Stick Peas Mixed Berries Snack² WG Toast Peaches	Breakfast¹ WG Pancake Pineapple Lunch¹ Chicken Roll Up WG Tortilla Diced Chicken Shredded Cheese Cauliflower Blackberries Snack² Mozzarella Cheese Stick Apple	Breakfast¹ WG Apple Cinn Muff Pears Lunch¹ WG Popcorn Chicken Broccoli Applesauce Snack² WG Granola Greek Vanilla Yogurt	Breakfast¹ WG Biscuit Tropical Fruit Lunch¹ Egg Salad WG Tortilla Bell Pepper Slices Banana Snack² WG Snack Mix Pea Pods & Carrots	Breakfast¹ WG French Toast Sticks Apricots Lunch¹ Deli Turkey Slices Cheese Slice WG Flatbread Romaine Spinach Salad Peaches Snack² WG English Muffin Pizza Sauce Shredded Cheese	4	5	6	7	8
4	15	16	17	18	19	20	21	22	23
Breakfast¹ WG English Muffin Strawberries Mozzarella Cheese Stick Lunch¹ BBQ Beef WG Dinner Roll Sweet Potato Hash Tropical Fruit Snack² WG Graham Cracker Applesauce	Breakfast¹ WG Toast Peaches Lunch¹ Hardboiled Egg WG French Toast Sticks Cucumbers Orange Slices Snack² WG Tortilla Chips Salsa Pineapple	Breakfast¹ WG Blueberry Muffin Apple Lunch¹ Chicken Taco WG Tortilla Shredded Cheese Romaine Spinach Salad Mango & Berries Snack² WG Cheerios Mixed Fruit Cocktail	Breakfast¹ WG Waffle Sticks Sunshine Fruit Lunch¹ Mediterranean Chicken WG Breadstick Carrots Halved Grapes Snack² Ritz Crackers Cheese Slice	Breakfast¹ WG Pancake Pears Lunch¹ WG Grilled Cheese Mixed Vegetables Blueberries Snack² Cantaloupe WG Bagel Cream Cheese	3	4	5	6	7
1	22	23	24	25	26	27	28	29	30
Breakfast¹ WG Biscuit Mixed Berries Yogurt Lunch¹ WG Egg & Cheese English Muffin Sandwich Peas and Carrots Pears Snack² WG Toast Peaches	Breakfast¹ WG Pancake Mandarin Oranges Lunch¹ Twisted Tuna Salad WG Tortilla Cucumbers Mixed Fruit Cocktail Snack² Mozzarella Cheese Stick Apple	Breakfast¹ WG Bagel Tropical Fruit Cream Cheese Lunch¹ Deli Turkey Cheese Slice WG Flatbread Romaine Spinach Salad Cantaloupe Snack² WG Granola Greek Vanilla Yogurt	Breakfast¹ WG French Toast Sticks Applesauce Lunch¹ Beef Patty Cheese Slice WG Bun Pickles Bell Pepper Slices Banana Snack² WG Snack Mix Pea Pods & Carrots	Breakfast¹ WG Apple Cinn Muffin Pineapple Lunch¹ WG Cheese and Black Bean Quesadilla Tomato Slices Blueberries Snack² WG English Muffin Pizza Sauce Shredded Cheese	3	4	5	6	7

HSCCs PM SNACK

Goldfish Mixed Fruit Cup	Belvita Bar Peach Cup	Scooby Snacks Grahams Applesauce Cup	Tortilla Chips Salsa Cup	Kix Cup Fresh Cut Oranges
-----------------------------	--------------------------	---	-----------------------------	------------------------------

¹ Milk

Served daily with breakfast & lunch

1-yr-olds = unflavored whole milk

2-yr-olds = unflavored 1% milk

3-5-yr-olds = unflavored 1% milk

² Water served daily with snack

CACFP Requirements

WG = Whole Grain-Rich

*One whole grain-rich item served daily.

Breakfast cereals and yogurt meet sugar limit.

Non-Discrimination Statement: "This institution is an equal opportunity provider."

September 2025

Blue = HSCCs and EHSCCs

No color = All Classrooms

Monday		Tuesday		Wednesday		Thursday		Friday		
2	<u>Breakfast</u>¹ WG Pancake Peaches Mozzarella Cheese Stick <u>Lunch</u>¹ WG Chicken Tenders Carrots Pears <u>Snack</u>² WG Graham Cracker Applesauce	29	<u>Breakfast</u>¹ WG Blueberry Muffin Tropical Fruit <u>Lunch</u>¹ Sunbutter Sandwich Mozzarella Cheese Stick Cauli & Broc Watermelon <u>Snack</u>² WG Tortilla Chips Salsa Pineapple	30	<u>Breakfast</u>¹ WG English Muffin Mango <u>Lunch</u>¹ Beef Meatballs Shredded Cheese WG Breadstick Mashed Potatoes Orange Slices <u>Snack</u>² WG Cheerios Mixed Fruit Cocktail	Oct 1	<u>Breakfast</u>¹ WG Toast Apple <u>Lunch</u>¹ Deli Turkey Slices WG Flatbread Cucumbers Halved Grapes <u>Snack</u>² Ritz Crackers Cheese Slice	2	<u>Breakfast</u>¹ WG Waffle Sticks Peaches <u>Lunch</u>¹ WG Cheese Pizza Romaine Spinach Salad Strawberries <u>Snack</u>² Cantaloupe WG Bagel Cream Cheese	3

HSCCs PM SNACK					
	Goldfish Mixed Fruit Cup	Belvita Bar Peach Cup	Scooby Snacks Grahams Applesauce Cup	Tortilla Chips Salsa Cup	Kix Cup Fresh Cut Oranges

¹ Milk Served daily with breakfast & lunch 1-yr-olds = unflavored whole milk 2-yr-olds = unflavored 1% milk 3-5-yr-olds = unflavored 1% milk ² Water served daily with snack	CACFP Requirements WG = Whole Grain-Rich *One whole grain-rich item served daily. Breakfast cereals and yogurt meet sugar limit.
---	--

Non-Discrimination Statement: "This institution is an equal opportunity provider."