

October 2025

Monday

Tuesday

Wednesday

Thursday

Friday

Breakfast¹ 29 WG Pancake Peaches Mozzarella Cheese Stick Lunch¹ WG Chicken Tenders Carrots Pears Snack² WG Graham Cracker Applesauce	Breakfast¹ 30 WG Blueberry Muffin Tropical Fruit Lunch¹ Sunbutter Sandwich Mozzarella Cheese Stick Cauli & Broc Blackberries Snack² WG Tortilla Chips Salsa Pineapple	Breakfast¹ Oct 1 WG English Muffin Mango Lunch¹ Beef Meatballs Shredded Cheese WG Breadstick Mashed Potatoes Orange Slices Snack² WG Cheerios Mixed Fruit Cocktail	Breakfast¹ 2 WG Toast Apple Lunch¹ Deli Turkey Slices WG Flatbread Cucumbers Halved Grape Snack² Ritz Crackers Cheese Slice	Breakfast¹ 3 WG Waffle Sticks Peaches Lunch¹ WG Cheese Pizza Romaine Spinach Salad Strawberries Snack² Cantaloupe WG Bagel Cream Cheese
Breakfast¹ 6 WG Bagel Mandarin Oranges Egg Patty Cream Cheese Lunch¹ WG Fish Nuggets WG Bread Stick Peas Mixed Berries Snack² WG Toast Peaches	Breakfast¹ 7 WG Pancake Pineapple Lunch¹ Chicken Roll Up WG Tortilla Diced Chicken Shredded Cheese Cauliflower Blackberries Snack² Mozzarella Cheese Stick Apple	Breakfast¹ 8 WG Apple Cinn Muff Pears Lunch¹ Bean Chili Cheese Slice WG Flatbread Romaine Spinach Salad Cantaloupe Snack² WG Granola Greek Vanilla Yogurt	Breakfast¹ 9 WG Biscuit Tropical Fruit Lunch¹ WG Beef Spaghetti Shredded Cheese Bell Pepper Slices Banana Snack² WG Snack Mix Pea Pods & Carrots	Breakfast¹ 10 WG French Toast Sticks Apricots Lunch¹ Deli Turkey Slices Cheese Slice WG Flatbread Romaine Spinach Salad Peaches Snack² WG English Muffin Pizza Sauce Shredded Cheese
Breakfast¹ 13 WG English Muffin Strawberries Mozzarella Cheese Stick Lunch¹ BBQ Beef WG Dinner Roll Sweet Potato Hash Tropical Fruit Snack² WG Graham Cracker Applesauce	Breakfast¹ 14 WG Toast Peaches Lunch¹ Hardboiled Egg WG French Toast Sticks Cucumbers Orange Slices Snack² WG Tortilla Chips Salsa Pineapple	Breakfast¹ 15 WG Blueberry Muffin Apple Lunch¹ Chicken Taco WG Tortilla Shredded Cheese Romaine Spinach Salad Mango & Berries Snack² WG Cheerios Mixed Fruit Cocktail	Breakfast¹ 16 WG Waffle Sticks Sunshine Fruit Lunch¹ Mediterranean Chicken WG Breadstick Carrots Halved Grapes Snack² Ritz Crackers Cheese Slice	REACH-UP CLOSED
Breakfast¹ 20 WG Biscuit Mixed Berries Yogurt Lunch¹ WG Egg & Cheese English Muffin Sandwich Peas and Carrots Pears Snack² WG Toast Peaches	Breakfast¹ 21 WG Pancake Mandarin Oranges Lunch¹ Deli Turkey Cheese Slice WG Dinner Roll Cucumbers Mixed Fruit Cocktail Snack² Mozzarella Cheese Stick Apple	Breakfast¹ 22 WG Bagel Tropical Fruit Cream Cheese Lunch¹ WG Popcorn Chicken Broccoli Peaches Snack² WG Granola Greek Vanilla Yogu	Breakfast¹ 23 WG French Toast Sticks Applesauce Lunch¹ Beef Patty Cheese Slice WG Bun Pickles Bell Pepper Slices Banana Snack² WG Snack Mix Pea Pods & Carrots	Breakfast¹ 24 WG Apple Cinn Muffin Pineapple Lunch¹ WG Cheese and Black Bean Quesadilla Tomato Slices Blueberries Snack² WG English Muffin Pizza Sauce Shredded Cheese

HSCCs PM SNACK

Goldfish Mixed Fruit Cup	Belvita Bar Peach Cup	Scooby Snacks Grahams Applesauce Cup	Tortilla Chips Salsa Cup	Kix Cup Fresh Cut Oranges
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¹ Milk

Served daily with breakfast & lunch

1-yr-olds = unflavored whole milk

2-yr-olds = unflavored 1% milk

3-5-yr-olds = unflavored 1% milk

² Water served daily with snack

CACFP Requirements

WG = Whole Grain-Rich

*One whole grain-rich item served daily.

Breakfast cereals and yogurt meet sugar limit.

Non-Discrimination Statement: "This institution is an equal opportunity provider."

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Breakfast¹ WG Pancake Peaches Mozzarella Cheese Stick Lunch¹ WG Chicken Tenders Carrots Pears Snack² WG Graham Cracker Applesauce	Breakfast¹ WG Blueberry Muffin Tropical Fruit Lunch¹ Sunbutter Sandwich Mozzarella Cheese Stick Cauli & Broc Blackberries Snack² WG Tortilla Chips Salsa Pineapple	Breakfast¹ WG English Muffin Mango Lunch¹ Beef Meatballs Shredded Cheese WG Breadstick Mashed Potatoes Orange Slices Snack² WG Cheerios Mixed Fruit Cocktail	CLASSROOMS CLOSED	CLASSROOMS CLOSED

HSCCs PM SNACK					
	Goldfish Mixed Fruit Cup	Belvita Bar Peach Cup	Scooby Snacks Grahams Applesauce Cup	Tortilla Chips Salsa Cup	Kix Cup Fresh Cut Oranges

<p>¹ Milk Served daily with breakfast & lunch 1-yr-olds = unflavored whole milk 2-yr-olds = unflavored 1% milk 3-5-yr-olds = unflavored 1% milk</p> <p>² Water served daily with snack</p>	<p>CACFP Requirements WG = Whole Grain-Rich *One whole grain-rich item served daily. Breakfast cereals and yogurt meet sugar limit.</p>
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