sugar limit.

October 2024

	Monday	Tuesday		Wednesday		Thursday		Friday
ιI	Breakfast ¹ 30	Breakfast ¹ Octo	per 1	Breakfast ¹	2	Breakfast ¹	3	Breakfast ¹
	WG Biscuit	WG Tasteeos	JC	WG Bagel	-	WG French Toast Sticks	•	WG Apple Cinn Muffin
1				•				
١	Strawberries	Mandarin Oranges		Tropical Fruit		Applesauce		Pineapple
١	Yogurt			Cream Cheese				
1	=	Lunch ¹				Lunch¹		Lunch ¹
ı	Lunch ¹	Chicken Roll Up		Lunch ¹		Beef Patty		WG Cheese and Black Bean
		•		' '				
	WG Egg & Cheese English Muffin	WG Tortilla		Bean Chili		Cheese Slice		Quesadilla
ı	Sandwich	Diced Chicken		Cheese Slice		WG Bun		Tomato Slices
	Peas and Carrots	Shredded Cheese		WG Flatbread		Pickles		Blueberries
	Pears & Blueberries	Cucumbers		Romaine Spinach Salad		Bell Pepper Slices		
	rears & blackerries			•				C1-2
		Mixed Fruit Cocktail		Cantaloupe		Banana		Snack ²
	Snack ²							WG English Muffin
	WG Toast	Snack ²		Snack ²		Snack ²		Pizza Sauce
	Peaches	Mozzarella Cheese Stick		WG Granola		WG Snack Mix		Shredded Cheese
ı						Pea Pods & Carrots		om cadea oneese
١		Apple		Greek Vanilla Yogurt		rea rous & Callots		
ł	Breakfast ¹ 7	Breakfast ¹	8	Breakfast ¹	9	Breakfast ¹	10	Breakfast
	WG Pancake	WG Kix	Ü		,	WG Toast	10	WG Waffle Sticks
ı				WG English Muffin				
l	Peaches	Sunshine Fruit		Mango		Apple		Pears and Blueberries
1	Mozzarella Cheese Stick							
1		Lunch ¹		Lunch ¹		Lunch¹		Lunch
ı	Lunch ¹	Sunbutter Sandwich		Beef Meatballs		Deli Turkey Slices		WG Cheese Pizza
١						•		
1	WG Chicken Tenders	Mozzarella Cheese Stick		Shredded Cheese		WG Flatbread		Cucumbers
ı	Carrots	Cauli & Broc		WG Breadstick		Three Sisters Soup		Strawberries
١	Pears	Blackberries		Mashed Potatoes		Blueberries		
١	-			Orange Slices				Snack
1	C1-2	Constal 2		Oralige Silves		61-2		
J	<u>Snack</u> ²	Snack ²				<u>Snack</u> ²		Strawberry Banana Smoothie
	WG Graham Cracker	WG Tortilla Chips		Snack ²		Ritz Crackers		WG Bagel
ı	Applesauce	Salsa		WG Blueberry Muffin		Cheese Slice		Cream Cheese
١		Pineapple		Mixed Fruit Cocktail				
١				ca a.c cockean				
t	Breakfast 14	Breakfast ¹	15	Breakfast ¹	16	Breakfast ¹	17	
	WG Bagel	WG Apple Cinn Muff		WG Pancake		WG Tasteeos		
	•	• •						
	Orange Slices	Pineapple		Strawberry Banana Smoothie		Pears & Blueberries		
	Egg Patty							
1	Cream Cheese	Lunch ¹		Lunch1		Lunch ¹		1
1		Deli Turkey		Lunch ¹		WG Popcorn Chicken		1
ı	Lunch1	Cheese Slice		WG Beef Spaghetti		Bell Pepper Slices		
	Lunch ¹			Mozzarella Cheese Stick		• •		DE 1 011 110 01 010
-	WG Fish Nuggets	WG Dinner Roll		Cauli & Broc		Banana		REACH-UP CLOSED
ļ	WG Bread Stick	Cucumbers		Pears				
ı	Peas	Cantaloupe		i cuis		Snack ²		1
1	Mixed Berries					WG Snack Mix		1
1	IVIIAEU DEITIES	- 13		Snack ²				1
1		<u>Snack</u> ²				Pea Pods & Carrots		
ı	Snack ²	Mozzarella Cheese Stick		WG Granola				1
١	WG Toast	Apple		Greek Vanilla Yogurt				
l	Peaches	••						
t	Breakfast ¹ 21	Breakfast ¹	22	Breakfast ¹	23	Breakfast ¹	24	Breakfast ¹
ı	WG Toast	WG Peachy Oatmeal Bake		WG Kix		WG English Muffin		WG Pancake
١		,				•		
١	Strawberries	Apple		Sunshine Fruit		Peaches		Pears
١	Mozzarella Cheese Stick							
١		Lunch ¹		Lunch¹		Lunch ¹		Lunch1
١	Lunch1	Vanilla Yogurt		Chicken Taco		Deli Turkey Slices		WG Grilled Cheese
١	BBQ Beef	•				,		
ı		WG French Toast Sticks		WG Tortilla		WG Flatbread		Tomato Soup
١	WG Dinner Roll	Carrots		Shredded Cheese		Three Sisters Soup		Mixed Vegetables
1	Peas	Mixed Berries		Romaine Spinach Salad		Blueberries		Apple
ı	Tropical Fruit			Mango & Berries				
١	•	Snack ²		<u> </u>		Snack ²		Snack ²
ı	Snack ²	WG Tortilla Chips		Snack ²		Ritz Crackers		Strawberry Banana Smoothie
ı		•						•
١	WG Graham Cracker	Salsa		WG Blueberry Muffin		Cheese Slice		WG Bagel
١	Applesauce	Pineapple		Mixed Fruit Cocktail				Cream Cheese
L								
				HSCCCs PM SNACK				
T	Goldfish	Belvita Bar	I	Scooby Snacks Grahams	J	Tortilla Chips		Kix Cup
	Mixed Fruit Cup	Peach Cup		Applesauce Cup		Salsa Cup		Fresh Cut Oranges
1	,	,			<u> </u>	•		
	¹ Milk						1 0	ACFP Requirements
								•
	ed daily with breakfast & lunch							G = Whole Grain-Rich
	olds = unflavored whole milk						*(One whole grain-rich item served
•	olds = unflavored 1% milk						da	aily.
٠,	r-olds = unflavored 1% milk						Br	reakfast cereals and yogurt meet
- 2		1					1	, -0

² Water served daily with snack

Monday	Tuesday	Wednesday	Thursday	Friday
 Breakfast¹ 28 WG Biscuit Strawberries Yogurt Lunch¹ WG Egg & Cheese English Muffin Sandwich Peas and Carrots Pears & Blueberries Snack² WG Toast Peaches	Breakfast¹ 29 WG Tasteeos Mandarin Oranges Lunch¹ Chicken Roll Up WG Tortilla Diced Chicken Shredded Cheese Cucumber Mixed Fruit Cocktail Snack² Mozzarella Cheese Stick Apple	Wednesday Breakfast¹ 30 WG Bagel Tropical Fruit Cream Cheese Lunch¹ Bean Chili Cheese Slice WG Flatbread Romaine Spinach Salad Cantaloupe Snack² WG Granola Greek Vanilla Yogurt	Breakfast¹ 31 WG French Toast Sticks Applesauce Lunch¹ Beef Patty Cheese Slice WG Bun Pickles Bell Pepper Slices Banana Snack² WG Snack Mix Pea Pods & Carrots	November 1 ALL CLASSROOMS CLOSED STAFF BENEFITS MEETING

HSCCCs PM SNACK				
Goldfish	Belvita Bar	Scooby Snacks Grahams	Tortilla Chips	Kix Cup
Mixed Fruit Cup	Peach Cup	Applesauce Cup	Salsa Cup	Fresh Cut Oranges

¹ Milk	CACFP Requirements
Served daily with breakfast & lunch	WG = Whole Grain-Rich
1-yr-olds = unflavored whole milk	*One whole grain-rich item served
2-yr-olds = unflavored 1% milk	daily.
3-5-yr-olds = unflavored 1% milk	Breakfast cereals and yogurt meet
	sugar limit.
² Water served daily with snack	