

August 2023

Monday

Tuesday

Wednesday

Thursday

Friday

1	Breakfast¹ 31 WG English Muffin Mandarin Oranges Egg and Cheese Omelet Lunch¹ Chicken Tenders Carrots Pears Snack² WG Toast Peaches	Breakfast¹ August 1 WG Tasteeos Strawberries Lunch¹ Chicken Roll Up WG Tortilla Diced Chicken Shredded Cheese Cucumber Fruit Cocktail Snack² Mozzarella Cheese Stick Apple	Breakfast¹ 2 WG Waffle Sticks Tropical Fruit Lunch¹ Deli Turkey Slices WG Flatbread Romaine Spinach Salad Cantaloupe Snack² WG Granola Greek Vanilla Yogurt	Breakfast¹ 3 WG French Toast Sticks Pineapple Lunch¹ Beef Patty WG Bun Pickles Sweet Pepper Slices Banana Snack² WG Snack Mix Pea Pods & Carrots	Breakfast¹ 4 WG Apple Cinn Muffin Orange Slices Lunch¹ WG Cheese and Black Bean Quesadilla Tomato Slices Blueberries Snack² WG English Muffin Pizza Sauce Shredded Cheese
2	ALL CLASSROOMS CLOSED 7	ALL CLASSROOMS CLOSED 8	ALL CLASSROOMS CLOSED 9	ALL CLASSROOMS CLOSED 10	ALL CLASSROOMS CLOSED 11
3	ALL-STAFF 14	ALL CLASSROOMS CLOSED 15	Breakfast¹ 16 WG Pancake Strawberry Banana Smoothie Egg Patty Lunch¹ Sunbutter Sandwich Mozzarella Cheese Stick Cauliflower & Broccoli Kiwi Snack² WG Granola Greek Vanilla Yogurt	Breakfast¹ 17 WG Tasteeos Pears & Blueberries Lunch¹ WG Popcorn Chicken Sweet Pepper Slices Banana Snack² WG Snack Mix Pea Pods & Carrots	Breakfast¹ 18 WG Waffle Sticks Mandarin Oranges Lunch¹ Beans WG Brown Rice Romaine Spinach Salad Salsa Blueberries Snack² WG English Muffin Pizza Sauce Shredded Cheese
4	Breakfast¹ 21 WG Kix Strawberries Mozzarella Cheese Stick Lunch¹ BBQ Beef WG Dinner Roll Peas Tropical Fruit Snack² WG Graham Cracker Applesauce	Breakfast¹ 22 WG Bagel Green Apple Lunch¹ Vanilla Yogurt WG French Toast Sticks Carrots Blueberries & Strawberries Snack² WG Flatbread Turkey	Breakfast¹ 23 WG Toast Sunshine Fruit Lunch¹ Chicken Taco WG Tortilla Shredded Cheese Romaine Spinach Salad Salsa Mango & Berries Snack² WG Blueberry Muffin Mixed Fruit Cocktail	Breakfast¹ 24 WG English Muffin Apricots Lunch¹ Egg Salad WG Bread Cucumbers Blackberries Snack² Ritz Crackers Cheese Slice	Breakfast¹ 25 WG Pancake Pears Lunch¹ WG Grilled Cheese Mixed Vegetables Orange Slices Snack² Mango Smoothie WG Bagel
1	Breakfast¹ 28 WG English Muffin Mandarin Oranges Egg and Cheese Omelet Lunch¹ Chicken Tenders Carrots Pears Snack² WG Toast Peaches	Breakfast¹ 29 WG Waffle Sticks Strawberries Lunch¹ Chicken Roll Up WG Tortilla Diced Chicken Shredded Cheese Cucumber Fruit Cocktail Snack² Mozzarella Cheese Stick Apple	Breakfast¹ 30 WG Tasteeos Tropical Fruit Lunch¹ Deli Turkey Slices WG Flatbread Romaine Spinach Salad Cantaloupe Snack² WG Granola Greek Vanilla Yogurt	Breakfast¹ 31 WG French Toast Sticks Pineapple Lunch¹ Beef Patty WG Bun Pickles Sweet Pepper Slices Banana Snack² WG Snack Mix Pea Pods & Carrots	Breakfast¹ Sept 1 WG Apple Cinn Muffin Orange Slices Lunch¹ WG Cheese and Black Bean Quesadilla Tomato Slices Blueberries Snack² WG English Muffin Pizza Sauce Shredded Cheese

HSCCs PM SNACK

Nutri Grain Bar Peach Cup	Goldfish Mix Fruit Cup	Scooby Snacks Grahams Applesauce Cup	Tortilla Chips Salsa Cup	Kix Cup Fresh Cut Oranges
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¹ Milk Served daily with breakfast & lunch 1-yr-olds = unflavored whole milk 2-yr-olds = unflavored 1% milk 3-5-yr-olds = unflavored 1% milk ² Water served daily with snack	CACFP Requirements WG = Whole Grain-Rich *One whole grain-rich item served daily. Breakfast cereals and yogurt meet sugar limit.
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HSCCCs PM SNACK

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Served daily with breakfast & lunch

1-yr-olds = unflavored whole milk

2-yr-olds = unflavored 1% milk

3-5-yr-olds = unflavored 1% milk

² Water served daily with snack

CACFP Requirements

WG = Whole Grain-Rich

*One whole grain-rich item served daily.

Breakfast cereals and yogurt meet sugar limit.