



**June Menu 2022**

Monday

Tuesday

Wednesday

Thursday

Friday

	<b>May 30</b>		<b>June 1</b>		<b>June 2</b>		<b>June 3</b>			
	<b>REACH-UP CLOSED</b>	<p><b>Breakfast<sup>1</sup></b> WG Toast Blueberries/Strawberries Mozzarella Cheese Stick</p> <p><b>Lunch<sup>1</sup></b> Vanilla Yogurt WG Pancake Carrots Pears</p> <p><b>Snack<sup>2</sup></b> WG Blueberry Muffin Mandarin Oranges</p>	<p><b>Breakfast<sup>1</sup></b> WG Biscuit Mango</p> <p><b>Lunch<sup>1</sup></b> Ranchero Bean Tacos Shredded Cheese WG Tortilla Romaine Spinach Salad Salsa Orange Slices</p> <p><b>Snack<sup>2</sup></b> WG Flatbread Turkey</p>	<p><b>Breakfast<sup>1</sup></b> WG Kix Fresh Cantaloupe</p> <p><b>Lunch<sup>1</sup></b> Beef Meatballs Shredded Cheese WG Breadstick Mashed Potatoes Blackberries</p> <p><b>Snack<sup>2</sup></b> WG Teddy Grahams Apple</p>	<p><b>Breakfast</b> WG French Toast Sticks Apricots</p> <p><b>Lunch</b> WG Cheese Calzone Romaine Spinach Salad Mixed Fruit</p> <p><b>Snack</b> Cucumber Coins Hummus</p>					
3	<p><b>Breakfast</b> WG English Muffin Mixed Berries Egg Patty</p> <p><b>Lunch</b> WG Fish Nuggets WG Bread Stick Carrots Apple</p> <p><b>Snack</b> WG Granola Greek Vanilla Yogurt</p>	6	<p><b>Breakfast<sup>1</sup></b> WG Rhubarb Bread Pineapple</p> <p><b>Lunch<sup>1</sup></b> WG Tortilla Shredded Chicken Shredded Cheese Romaine Spinach Salad Tropical Fruit</p> <p><b>Snack<sup>2</sup></b> WG Corn Tortilla Chips Salsa Mozzarella Cheese Stick</p>	7	<p><b>Breakfast<sup>1</sup></b> WG Pancake Baked Apple Slices</p> <p><b>Lunch<sup>1</sup></b> WG Beef Spaghetti Cauliflower/Broccoli Mango and Berries</p> <p><b>Snack<sup>2</sup></b> WG Toast Peaches</p>	8	<p><b>Breakfast<sup>1</sup></b> WG Tasteros Pears &amp; Blueberries</p> <p><b>Lunch<sup>1</sup></b> WG Popcorn Chicken Sweet Pepper Slices Banana</p> <p><b>Snack<sup>2</sup></b> WG Snack Mix Pea Pods Plum (extra to taste)</p> 	9	<p><b>Breakfast<sup>1</sup></b> WG Waffle Sticks Mandarin Oranges</p> <p><b>Lunch<sup>1</sup></b> Beans Shredded Cheese WG Brown Rice Romaine Spinach Salad Salsa Peaches</p> <p><b>Snack<sup>2</sup></b> WG English Muffin Tomato Sauce Shredded Cheese</p>	10
4	<p><b>Breakfast<sup>1</sup></b> WG Kix Egg and Cheese Omelet Fruit Cocktail</p> <p><b>Lunch<sup>1</sup></b> Samosa Chicken WG Flatbread Diced Potatoes Peaches</p> <p><b>Snack<sup>2</sup></b> Ritz Crackers Cheese Slice</p>	13	<p><b>Breakfast<sup>1</sup></b> WG Bagel Green Apple Slices</p> <p><b>Lunch<sup>1</sup></b> Chicken Salad WG Bun Coleslaw Strawberries and Pears</p> <p><b>Snack<sup>2</sup></b> WG Blueberry Muffin Mandarin Oranges</p>	14	<p><b>Breakfast<sup>1</sup></b> WG Toast Sunshine Fruit</p> <p><b>Lunch<sup>1</sup></b> Bean Chili Cheese Slice WG Cornbread Carrots Applesauce</p> <p><b>Snack<sup>2</sup></b> WG Flatbread Mozzarella Cheese Stick</p>	15	<p><b>Breakfast<sup>1</sup></b> WG English Muffin Apricots</p> <p><b>Lunch<sup>1</sup></b> Chicken Taco WG Tortilla Shredded Cheese Romaine Spinach Salad Pineapple</p> <p><b>Snack<sup>2</sup></b> WG Teddy Grahams Apple</p>	16	<b>REACH-UP CLOSED</b>	17
1	<p><b>Breakfast<sup>1</sup></b> WG Pancake Mandarin Oranges Mozzarella Cheese Stick</p> <p><b>Lunch<sup>1</sup></b> WG Chicken Tenders Carrots Fruit Cocktail</p> <p><b>Snack<sup>2</sup></b> WG Granola Greek Vanilla Yogurt</p>	20	<p><b>Breakfast<sup>1</sup></b> WG Tasteros Strawberries</p> <p><b>Lunch<sup>1</sup></b> Egg Salad WG Tortilla Broccoli Slaw Mango &amp; Berries</p> <p><b>Snack<sup>2</sup></b> WG Corn Tortilla Chips Salsa Mozzarella Cheese Stick</p>	21	<p><b>Breakfast<sup>1</sup></b> WG Waffle Sticks Tropical Fruit</p> <p><b>Lunch<sup>1</sup></b> Deli Turkey Slices WG Flatbread Three Sister's Soup Apple</p> <p><b>Snack<sup>2</sup></b> WG Toast Peaches</p>	22	<p><b>Breakfast<sup>1</sup></b> WG French Toast Sticks Cinnamon Applesauce</p> <p><b>Lunch<sup>1</sup></b> Mediterranean Chicken WG Brown Rice Pilaf Sweet Pepper Slices Banana</p> <p><b>Snack<sup>2</sup></b> WG Snack Mix Pea Pods</p>	23	<p><b>Breakfast<sup>1</sup></b> WG Apple Cinn Muffin Orange Slices</p> <p><b>Lunch<sup>1</sup></b> WG Cheese and Black Bean Quesadilla Tomato Slices Blueberries</p> <p><b>Snack<sup>2</sup></b> WG English Muffin Tomato Sauce Shredded Cheese</p>	24

**<sup>1</sup>Milk**

Served daily with breakfast & lunch  
**1-yr-olds** = 4 fl. oz. unflavored whole milk  
**2-yr-olds** = 4 fl. oz. unflavored 1% milk  
**3-5-yr-olds** = 8 fl. oz. unflavored 1% milk

**Condiments**

Ranch = New on Monday, return at end of week.  
**Syrup, Ketchup, Butter** = Remain in classrooms,  
send empty bottle & note to kitchen when more  
is needed.

**CACFP Requirements**

**WG** = Whole Grain-Rich  
\*One Whole Grain-Rich item served daily.  
**Breakfast cereals and yogurt meet sugar limit.**

**<sup>2</sup>Water served daily with snack**

Non-discrimination Statement: "This institution is an equal opportunity provider."



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Monday

Tuesday

Wednesday

Thursday

Friday

2	<b>Breakfast<sup>1</sup></b> WG Bagel Egg and Cheese Omelet Peaches  <b>Lunch<sup>1</sup></b> BBQ Beef WG Dinner Roll Cold Peas Tropical Fruit  <b>Snack<sup>2</sup></b> Ritz Crackers Cheese Slice	27	<b>Breakfast<sup>1</sup></b> WG Toast Blueberries/Strawberries  <b>Lunch<sup>1</sup></b> Vanilla Yogurt WG Pancake Carrots Pears  <b>Snack<sup>2</sup></b> WG Blueberry Muffin Mandarin Oranges	28	29	30	July 1		
				<b>ALL CLASSROOMS CLOSED</b>		<b>ALL CLASSROOMS CLOSED</b>		<b>ALL CLASSROOMS CLOSED</b>	
<b>HSCCC PM SNACK</b>									
	WG Toast Pineapple		WG Snack Mix Peaches		Ritz Crackers Cottage Cheese		WG Bagel Mandarin Oranges		WG Biscuit Applesauce

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