November Menu 2021

Blue = HSCCC and EHSCCC
No Color = All Classrooms

	Monday		Tuesday		Wednesday		Thursday	Friday
1		Nov 1	Breakfast WG Waffle Sticks Tropical Fruit	2	Breakfast WG Tasteeos Strawberries	3	Breakfast 4 WG French Toast Sticks Baked Apple Slices	Breakfast 5 WG Apple Cinn Muffin Orange Slices
	Cottage Cheese Lunch WG Chicken Tenders Carrots Fruit Cocktail		Lunch Tuna Twist Salad WG Tortilla Cold Peas Mango & Berries Snack		Lunch Deli Turkey Slices WG Flatbread Three Sister's Soup Apple		Lunch Mediterranean Chicken WG Brown Rice Pilaf Sweet Pepper Slices Banana	Lunch WG Cheese and Black Bean Quesadilla Tomato Slices Blueberries Snack
	Snack WG Granola Greek Vanilla Yogurt		WG Corn Tortilla Chips Salsa Mozzarella Cheese Stick		Snack WG Toast Peaches		Snack WG Snack Mix Carrots	WG English Muffin Tomato Sauce Shredded Cheese
2	Breakfast WG Bagel Egg and Cheese Omelet Peaches	8	Breakfast WG Toast Blueberries/Strawberries	9	Breakfast WG Biscuit Mango	10	Breakfast 11 WG Kix Fresh Cantaloupe	Breakfast 12 WG French Toast Sticks Apricots
	Lunch BBQ Beef WG Dinner Roll Cold Peas Tropical Fruit		Lunch Vanilla Yogurt WG Pancake Carrots Pears		Lunch Ranchero Bean Tacos Shredded Cheese WG Tortilla Romaine Spinach Salad Salsa Orange Slices		Lunch Beef Meatballs WG Breadstick Mashed Potatoes Blackberries	Lunch WG Cheese Pizza Romaine Spinach Salad Mixed Fruit Snack Cucumber Coins
	Snack Ritz Crackers Cheese Slice		WG Blueberry Muffin Mandarin Oranges		Snack WG Flatbread Turkey		WG Teddy Grahams Apple	Hummus
3	Breakfast WG English Muffin Mixed Berries Egg Patty	15	Breakfast WG Apple Cinn Muffin Pineapple Lunch	16	Breakfast WG Pancake Baked Apple Slices	17	Breakfast 18 WG Tasteeos Pears & Blueberries	19
	Lunch WG Fish Nuggets WG Bread Stick Carrots Apple		Shredded Chicken Shredded Cheese WG Tortilla Romaine Spinach Salad Tropical Fruit		Lunch WG Beef Spaghetti Cauliflower/Broccoli Mango and Berries Snack		Lunch WG Popcorn Chicken Sweet Pepper Slices Sweet Potato Banana	ALL CLASSROOMS CLOSED
	Snack WG Granola Greek Vanilla Yogurt		Snack WG Corn Tortilla Chips Salsa Mozzarella Cheese Stick		WG Toast Peaches		Snack WG Snack Mix Carrots	
4	Breakfast WG Kix Egg and Cheese Omelet Fruit Cocktail	22	Breakfast WG Bagel Green Apple Slices	23	Breakfast WG Toast Sunshine Fruit	24	25	26
	Lunch Samosa Chicken WG Flatbread Diced Potatoes Peaches		Lunch Chicken Salad WG Bun Romaine Lettuce Tomatoes Blackberries		Lunch Bean Chili Cheese Slice WG Cornbread Carrots Fruit Infused Applesauce		REACH-UP CLOSED	REACH-UP CLOSED
	Snack Ritz Crackers Cheese Slice		Snack WG Blueberry Muffin Mandarin Oranges		Snack WG Flatbread Turkey			
1	Breakfast WG Pancake Mandarin Oranges Cottage Cheese	29	Breakfast WG Waffle Sticks Tropical Fruit	30	Breakfast WG Tasteeos Strawberries	Dec 1	Breakfast 2 WG French Toast Sticks Baked Apple Slices	Breakfast 3 WG Apple Cinn Muffin Orange Slices
	Lunch WG Chicken Tenders Carrots Fruit Cocktail		Lunch Tuna Twist Salad WG Tortilla Cold Peas Mango & Berries		Lunch Deli Turkey Slices WG Flatbread Three Sister's Soup Apple		Lunch Mediterranean Chicken WG Brown Rice Pilaf Sweet Pepper Slices Banana	Lunch WG Cheese and Black Bean Quesadilla Tomato Slices Blueberries
	Snack WG Granola Greek Vanilla Yogurt		Snack WG Corn Tortilla Chips Salsa Mozzarella Cheese Stick		Snack WG Toast Peaches		Snack WG Snack Mix Fresh Carrots	Snack WG English Muffin Tomato Sauce Shredded Cheese
	T		T		HSCCC PM SNACI	K		
	WG Toast Pineapple		WG Snack Mix Peaches		Ritz Crackers Cottage Cheese		WG Bagel Mandarin Oranges	WG Biscuit Applesauce



Served daily with breakfast & lunch 1-yr-olds = 4 fl. oz. unflavored whole milk 2-yr-olds = 4 fl. oz. unflavored 1% milk 3-5-yr-olds = 8 fl. oz. unflavored 1% milk

WG = Whole Grain-Rich

