



April Menu 2021

Monday		Tuesday		Wednesday		Thursday		Friday		
4	REACH-UP CLOSED	5	Breakfast WG Bagel Green Apple Slices Lunch Deli Turkey Slices Bun Coleslaw Pears Snack Mozzarella Cheese Stick Orange Slices	6	Breakfast Cottage Cheese Sunshine Fruit Lunch Bean Chili Cheese Slice WG Cornbread Baby Carrots Fruit Infused Applesauce Snack WG Snack Mix Cucumber Coins	7	Breakfast WG Tasteeos Pears & Blueberries Lunch Mediterranean Chicken WG Brown Rice Pilaf Cauliflower & Broccoli Grapefruit Snack WG Corn Tortilla Chips Salsa Sweet Pepper Slices	8	Breakfast WG Pancake Apricots Lunch WG Grilled Cheese Tomato Soup Cucumber Coins Peaches Snack Ritz Crackers Cheese Slice	9
1		Breakfast WG Pancake Mandarin Oranges Cottage Cheese Lunch WG Chicken Tenders Baby Carrots Fruit Cocktail Snack WG Granola Greek Vanilla Yogurt	12	Breakfast WG Waffle Sticks Baked Apple Slices Lunch Tuna Twist Salad WG Tortilla Cold Peas Mango & Berries Snack Hummus Baby Carrots	13	Breakfast Egg Patty Strawberries Lunch Vegetable Soup Turkey Burger WG Flatbread Apple Snack WG Toast Fresh Cantaloupe	14	Breakfast WG French Toast Sticks Tropical Fruit Lunch Chicken Cacciatore WG Brown Rice Cucumber Coins Banana Snack Hardboiled Egg Apple Slices	15	Breakfast WG Apple Cinn Muffin Orange Slices Lunch WG Cheese and Black Bean Quesadilla Tomato Slices Blueberries Snack WG English Muffin Tomato Sauce Shredded Cheese
2	Breakfast WG Granola Greek Vanilla Yogurt Mixed Berries Lunch Beef Sloppy Joe WG Dinner Roll Cold Peas Tropical Fruit Snack Cottage Cheese Pineapple	19	Breakfast WG Toast Blueberries/Strawberries Lunch Vanilla Yogurt WG Pancake Broccoli Salad Melon Snack Mozzarella Cheese Stick Orange Slices	20	Breakfast Hardboiled Egg Fresh Cantaloupe Lunch Ranchero Bean Tacos Shredded Cheese WG Tortilla Romaine Spinach Salad Salsa Blackberries Snack WG Snack Mix Cucumber Coins	21	Breakfast WG Biscuit Mango Lunch Meatball Sub Meatballs Shredded Cheese Bun Jicama Sticks Applesauce Snack WG Corn Tortilla Chips Salsa Sweet Pepper Slices	22	Breakfast WG French Toast Sticks Pineapple Lunch WG Cheese Pizza Romaine Spinach Salad Fruit Cocktail Snack Ritz Crackers Cheese Slice	23
3	Breakfast WG English Muffin Strawberries Egg Patty Lunch WG Fish Stick WG Bread Stick Broccoli Slaw Kiwi Snack WG Granola Greek Vanilla Yogurt	26	Breakfast WG Apple Cinn Muffin Pineapple Lunch Chicken Roll Up WG Tortilla Shredded Chicken Shredded Cheese Romaine Spinach Salad Tropical Fruit Snack Hummus Baby Carrots	27	Breakfast Mozzarella Cheese Stick Peaches Lunch WG Beef Spaghetti Cauliflower & Broccoli Mango & Berries Snack WG Toast Fresh Cantaloupe	28	Breakfast WG Kix Mandarin Oranges Lunch WG Popcorn Chicken Sweet Pepper Slices Banana Snack Hardboiled Egg Apple Slices	29	Breakfast WG Waffle Sticks Pears Lunch Bean Burrito Bowl Beans Shredded Cheese WG Brown Rice Romaine Spinach Salad Salsa Peaches Snack WG English Muffin Tomato Sauce Shredded Cheese	30
HSCCC PM SNACK										
	WG Bagel Peaches		Ritz Crackers Cottage Cheese		WG Biscuit Applesauce		WG Snack Mix Mandarin Oranges		WG Toast Pears	



Milk:
Served daily with breakfast and lunch
1-yr-olds = whole milk
2-yr-olds = 1% milk
3-5-yr-olds = 1% milk

Non-discrimination Statement: "This institution is an equal opportunity provider."