

# January Menu 2021

	Monday	Tuesday	Wednesday	Thursday	Friday
3	<b>Breakfast</b> WG Tasteeos Pineapple Cheese Stick  <b>Lunch</b> WG Fish Stick WG Bread Stick Carrots Tropical Fruit  <b>Snack</b> WG Snack Mix 100% Apple Juice	<b>Breakfast</b> WG French Toast Sticks Mixed Berries  <b>Lunch</b> Vanilla Yogurt WG Pancake Cucumber Coins Melon  <b>Snack</b> WG Blueberry Muffin Hardboiled egg	<b>Breakfast</b> WG Biscuit Mixed Fruit  <b>Lunch</b> WG Beef Spaghetti Cauliflower/Broccoli Mango and Berries  <b>Snack</b> WG Teddy Grahams Peaches	<b>Breakfast</b> WG Kix Melon  <b>Lunch</b> WG Popcorn Chicken Stir Fry Veggies Banana  <b>Snack</b> Apple Cheese Stick	<p style="text-align: center;"><b>ALL CENTERS CLOSED</b></p>
4	<b>Breakfast</b> WG Banana Muffin Mandarin Oranges Egg Patty  <b>Lunch</b> Open Face Samosa WG Flatbread Diced Potatoes Pineapple  <b>Snack</b> Greek Vanilla Yogurt WG Granola	<b>Breakfast</b> WG Toast Green Apple Slices  <b>Lunch</b> Deli Turkey Slices WG Bun Mixed Greens Pears  <b>Snack</b> WG Corn Tortilla Chips Salsa Cheese Stick	<b>Breakfast</b> WG Tasteeos Strawberries  <b>Lunch</b> Ranchero Bean Tacos Shredded Cheese WG Tortilla Mixed Greens Salsa Blackberries  <b>Snack</b> Toast Orange Slices	<b>Breakfast</b> Greek Vanilla Yogurt Apricots  <b>Lunch</b> Meatball Sub Meatballs Shredded Cheese Bun Carrots Fruit Infused Applesauce  <b>Snack</b> Cheese Slice Ritz Crackers	<p style="text-align: center;"><b>ALL CENTERS CLOSED</b></p>
1	<p style="text-align: center;"><b>REACH-UP CLOSED</b></p>	<b>Breakfast</b> WG Waffle Sticks Mixed Fruit  <b>Lunch</b> Tuna Twist Salad WG Tortilla Coleslaw Mango & Berries  <b>Snack</b> WG Blueberry Muffin Hardboiled egg	<b>Breakfast</b> WG Toast Peaches  <b>Lunch</b> Bean Chili Cheese Slice WG Cornbread Tropical Fruit  <b>Snack</b> WG Teddy Grahams Peaches	<b>Breakfast</b> WG Pancake Baked Apple Slices  <b>Lunch</b> Chicken Cacciatore WG Brown Rice Sweet Pepper Slices Banana  <b>Snack</b> Apple Cheese Stick	<b>Breakfast</b> WG Apple Cinn Muffin Pears  <b>Lunch</b> WG Cheese and Black Bean Quesadilla Tomato Slices Blueberries  <b>Snack</b> WG English Muffin Cheese Pizza
2	<b>Breakfast</b> WG English Muffin Pears  <b>Lunch</b> Beef Sloppy Joe WG Dinner Roll Cold Peas Oranges  <b>Snack</b> Greek Vanilla Yogurt WG Granola	<b>Breakfast</b> WG Bagel Sunshine Fruit  <b>Lunch</b> Chicken Roll Up WG Tortilla Shredded Chicken Shredded Cheese Carrots Tropical Fruit  <b>Snack</b> WG Corn Tortilla Chips Salsa Cheese Stick	<b>Breakfast</b> WG Kix Melon  <b>Lunch</b> Three Sister's Soup Turkey Burger WG Flatbread Apple  <b>Snack</b> Toast Orange Slices	<b>Breakfast</b> WG Apple Cinn Muffin Mixed Berries  <b>Lunch</b> Mediterranean Chicken Brown Rice Pilaf Sweet Pepper Slices Peaches  <b>Snack</b> Cheese Slice Ritz Crackers	<b>Breakfast</b> WG Pancake Mandarin Oranges  <b>Lunch</b> WG Cheese Pizza Mixed Greens Mixed Fruit  <b>Snack</b> Saltine Crackers Hummus Mixed Vegetables
<b>HSCCC PM SNACK</b>					
	Ritz Crackers Cottage Cheese	WG Toast Peaches	WG Bagel Applesauce	WG Snack Mix Pears	WG Biscuit Mandarin Oranges

**Milk:**  
Served daily with breakfast and lunch  
1-yr-olds = 4 fl. oz. whole milk  
2-yr-olds = 4 fl. oz. 1% milk  
3-5-yr-olds = 6 fl. oz. 1% milk

**Condiments:**  
Ranch = New on Monday, return at end of week.  
Syrup, Ketchup, Butter = Remain in classrooms, send empty bottle & note to kitchen when more is needed.

Non-discrimination Statement: "This institution is an equal opportunity provider."

**Water:**  
Available all day.  
Served with snack.