





# October 2020 Menu

	Monday	Tuesday	Wednesday	Thursday	Friday
2	<p><b>MILK:</b></p> <p>Served daily with breakfast &amp; lunch.</p> <p>1-yr-olds = whole milk 2-5-yr-olds = skim or 1% milk</p>			<p><b>Breakfast</b> 1</p> <p>WG Apple Cinnamon Muffin Mixed Berries</p> <p><b>Lunch</b></p> <p>Mediterranean Chicken Brown Rice Pilaf Sweet Pepper Slices Apple</p> <p><b>Snack</b></p> <p>WG Toast Cucumber Coins</p> <p style="text-align: right;"> <b>FARM to HS</b> Rainbow carrots w/hummus</p>	<p><b>Breakfast</b> 2</p> <p>WG Pancake Mandarin Oranges</p> <p><b>Lunch</b></p> <p>WG Cheese Pizza Lettuce Salad Mixed Fruit</p> <p><b>Snack</b></p> <p>Cottage Cheese Ritz Crackers</p>
3	<p><b>Breakfast</b> 5</p> <p>WG Toast Cottage Cheese Pineapple</p> <p><b>Lunch</b></p> <p>WG Fish Stick WG Bread Stick Broccoli Slaw Kiwi</p> <p><b>Snack</b></p> <p>Apple Cheese Stick</p>	<p><b>Breakfast</b> 6</p> <p>WG French Toast Sticks Mixed Berries</p> <p><b>Lunch</b></p> <p>Vanilla Yogurt WG Pancake Cucumber Coins Melon</p> <p><b>Snack</b></p> <p>WG Blueberry Muffin Peaches</p>	<p><b>Breakfast</b> 7</p> <p>WG Biscuit Mixed Fruit</p> <p><b>Lunch</b></p> <p>WG Beef Spaghetti Cauliflower/Broccoli Fruit Infused Applesauce</p> <p><b>Snack</b></p> <p>WG Teddy Grahams 100% Apple Juice</p>	<p><b>Breakfast</b> 8</p> <p>WG Waffle Sticks Strawberries</p> <p><b>Lunch</b></p> <p>[Meatball Sub] Meatballs Shredded Cheese Hotdog Bun Baby Carrots Apples</p> <p><b>Snack</b></p> <p>WG Tasteeos Cereal Banana</p> <p style="text-align: right;"> <b>FARM TO HS</b> Apples</p>	<p><b>Breakfast</b> 9</p> <p>WG Kix Cereal Baked Apple Slices</p> <p><b>Lunch</b></p> <p>[Bean Burrito Bowl] Beans WG Brown Rice Shredded Cheese Salsa Lettuce Salad Peaches</p> <p><b>Snack</b></p> <p>WG English Muffin Cheese Pizza</p>
4	12 <b>ALL CENTERS CLOSED</b>	13 <b>ALL CENTERS CLOSED</b>	14 <b>ALL CENTERS CLOSED</b>	15 <b>ALL CENTERS CLOSED</b>	16 <b>REACH-UP CLOSED</b>
1	<p><b>Breakfast</b> 19</p> <p>WG Granola Greek Vanilla Yogurt Pears</p> <p><b>Lunch</b></p> <p>WG Chicken Tenders Baby Carrots Fruit Cocktail</p> <p><b>Snack</b></p> <p>Apple Cheese Stick</p>	<p><b>Breakfast</b> 20</p> <p>WG Waffle Sticks Fruit Cocktail</p> <p><b>Lunch</b></p> <p>Tuna Twist Salad WG Tortilla Coleslaw Mango &amp; Berries</p> <p><b>Snack</b></p> <p>WG Blueberry Muffin Peaches</p>	<p><b>Breakfast</b> 21</p> <p>WG Toast Baked Apple Slices</p> <p><b>Lunch</b></p> <p>Ranchero Bean Tacos Shredded Cheese WG Tortilla Lettuce w/spinach Salsa Blackberries</p> <p><b>Snack</b></p> <p>WG Teddy Grahams 100% Apple Juice</p>	<p><b>Breakfast</b> 22</p> <p>WG Pancake Mixed Fruit</p> <p><b>Lunch</b></p> <p>Bean Chili Cheese Slice WG Cornbread Baked Apple Slices</p> <p><b>Snack</b></p> <p>WG Tasteeos Cereal Banana</p> <p style="text-align: right;"> <b>FARM to HS</b> Jicama</p>	23 <b>ALL CENTERS CLOSED</b>
2	<p><b>Breakfast</b> 26</p> <p>WG English Muffin Pears</p> <p><b>Lunch</b></p> <p>Beef Sloppy Joe WG Dinner Roll Cold Peas Oranges</p> <p><b>Snack</b></p> <p>Greek Vanilla Yogurt WG Granola</p>	<p><b>Breakfast</b> 27</p> <p>WG Bagel Sunshine Fruit</p> <p><b>Lunch</b></p> <p>[Chicken Roll Up] WG Tortilla Chicken Shredded Cheese Baby Carrots Tropical Fruit</p> <p><b>Snack</b></p> <p>WG Snack Mix Applesauce</p>	<p><b>Breakfast</b> 28</p> <p>WG Kix Cereal Melon</p> <p><b>Lunch</b></p> <p>Three Sister's Soup Turkey Burger WG Flatbread Apple</p> <p><b>Snack</b></p> <p>WG Corn Tortilla Chips Tomato Salsa Cheese Stick</p>	<p><b>Breakfast</b> 29</p> <p>WG Apple Cinnamon Muffin Mixed Berries</p> <p><b>Lunch</b></p> <p>Mediterranean Chicken Brown Rice Pilaf Sweet Pepper Slices Peaches</p> <p><b>Snack</b></p> <p>WG Toast Cucumber Coins</p> <p style="text-align: right;"> <b>FARM to HS</b> Kohlrabi</p>	<p><b>Breakfast</b> 30</p> <p>WG Pancake Mandarin Oranges</p> <p><b>Lunch</b></p> <p>WG Cheese Pizza Lettuce Salad Mixed Fruit</p> <p><b>Snack</b></p> <p>Cottage Cheese Ritz Crackers</p>
<b>HSCCC PM SNACK and LIGHTHOUSE SNACK</b>					
	Cheese Slice Ritz Crackers	WG Toast Peaches	WG Bagel Orange Slices	WG Snack Mix Applesauce	WG Biscuit Mixed Fruit

Blue = HSCCC and EHSCCC  
No Color = ALL classrooms

**Non-discrimination Statement: "This institution is an equal opportunity provider."**