



May 2020



Don't waste away your whole spring sitting inside due to COVID 19...

Instead, get out there and soak up the beautiful weather with these fun activities.

Ride a bike: Hop on a bike – either solo, with a friend or the whole family – and take a tour of your neighborhood from a new perspective.

Fly a kite: The spring winds are perfect for kite flying. Find a park or an open field and get ready to launch – just make sure to stay away from tall trees and power lines!

Go on a picnic: It's hard to get the family to gather around the dinner table when spring has finally arrived. Pack up your meal and take it outside, either to your own back yard or a local park, where you can enjoy the weather while you dine.

Explore local trails: It's funny how most of us are less likely to explore the trails that are right outside our own back door. Pick one you haven't explored in a while (or ever) and go take a hike.

Play Frisbee: How long as it been since you've played Frisbee? If it feels too simple, make things a little more interesting with a game of Frisbee golf. Bonus points if your dog plays, too.

Bird watch: Bird watching may not sound like the most exciting activity, but it's actually a pretty interesting way to start your day. Equip yourself with some binoculars and good birding book or app, then sit quietly and see what you can find.

Plant a garden: If you want to enjoy that garden all summer long, you better get planting as soon as the spring weather is warm enough.



The Ultimate Guide for the BEST SPRING ACTIVITIES
naturalbeachliving.com

- Go on a walk
- Plant flowers
- Jump rope
- Go hiking
- Go to the farmer's market
- Play hopscotch
- Take a nature walk
- Fly a kite
- Play at a playground
- Go stargazing
- Go on a picnic
- Backyard obstacle course
- Look for baby birds
- Watch a new movie
- Take pictures of nature
- Visit a farm
- Make a bird feeder
- Cook something with fresh veggies
- Visit downtown
- Watch butterflies
- Go on a bike ride
- Do a random act of kindness
- Dance in the rain
- Make a smoothie bowl
- Go on a scavenger hunt
- Blow bubbles
- DIY a Pinterest craft
- Feed ducks
- Enjoy the sunshine
- Read outside
- Do an art project
- Play hide and seek
- Donate old winter clothes
- Play a board game
- Wash a car
- DIY silk scarves
- Make play dough
- Try crochet
- Look for daffodils
- Make homemade bread
- Listen to spring music
- Make a sensory bin
- Go on a nature hunt
- Play a sport
- Go horseback riding
- Pick up litter
- Go to a baseball game
- Hunt for books
- Play tag
- Start a planter garden
- Make ice cream
- Draw flowers
- Help out an animal shelter
- Start a journal
- Pick berries
- Learn how plants grow
- Get family photos
- Volunteer
- Climb a tree
- Visit some place new

SPRING scavenger hunt

bird nest ladybug

worm grass

bunny moss sunshine

feather frog dandelion

spider web ants green leaf

clouds ball fruit tree

puddle lady bug

yellow flower sprinkler

a stick

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Spring Bucket List

Go Explore

- Visit an Arboretum
- Feed Baby Animals
- Trip to the Garden Store
- Go Hiking
- Feed the Ducks at the Pond
- Go Fishing
- Shop at the Farmer's Market
- Visit a New Park

Outdoor Fun

- Fly a Kite
- Go Barefoot in the grass
- Puddle-Jumping
- Blow bubbles
- Pick wildflowers
- Lie down & watch the clouds
- Have a Picnic Lunch
- Take a Bike Ride
- Listen to the birds
- Skip Rocks
- Storytime in the hammock
- Sleep with the windows open
- Create with Chalk
- Build a Fairy Garden
- Go on an Egg Hunt

Spring Science

- Measure the Rain
- Go star-gazing
- Dye Easter Eggs
- Plant a Seed
- Hold a worm
- Hunt for Bugs