



Head Start  
Early Head Start



We want to provide you with information about our procedures and processes related to COVID-19 or “Coronavirus” you have no doubt heard about recently.

Reach-Up Inc. is working with the County Public Health Offices and monitoring the Minnesota Department of Health (MDH) Website as we prepare for what, if any, impact the virus might have on our schools. The Center for Disease Control (CDC) takes the lead on decisions regarding actions to take with COVID-19.

At this time, Reach-Up Inc. is in a prevention stage of managing for a potential outbreak. That means we are using standards and practices already in place for any illness outbreak, such as influenza (flu) or stomach virus.

Each classroom is using protocols to prevent the spread of any germs such as hand washing, cleaning, and encouraging those who are sick to stay home.

#### What can you do at this time?

The MDH encourages everyone to follow the same practices used during cold and flu season:

- Frequently wash your hands for 20 seconds. (Singing the tune “Happy Birthday” twice is approximately 20 seconds).
- Cover your cough or sneeze.
- Stay home when you are sick. Work with school personnel if you are experiencing a prolonged illness.

The CDC and the Minnesota Department of Health have more information for those who are interested in learning more. (<https://www.cdc.gov/coronavirus/2019-ncov/index.html>)

We will continue to communicate information on our website ([www.reachupinc.org](http://www.reachupinc.org)) and direct messages to you as it becomes available and as we learn more. Thank you for being a part of Reach-Up Inc. Head Start/Early Head Start.

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**Reach-Up Head Start and Early Head Start provides comprehensive education and support services that strengthen young children and their families who are experiencing low-income.**