

4	<p><b>Breakfast</b></p> <p>WG English Muffin (1/2) Mandarin Oranges (1/2 c) Egg Patty (extra-1/2)</p> <p><b>Lunch</b></p> <p>WG Chicken Strips (2.5) Ketchup Coleslaw (1/4 c) Pineapple (1/4 c)</p> <p><b>Snack</b></p> <p>Cheese Slice (1) WG Ritz Crackers (5)</p>	3	<p><b>Breakfast</b></p> <p>Yogurt (1/4 c) Strawberries (1/2 c) WG Biscuit (extra ½)</p> <p><b>Lunch</b></p> <p>Deli Turkey Slices (2 Slices) WG Bun (1 bun) Artisan Salad (1/2c) Ranch Pears (1/4 c)</p> <p><b>Snack</b></p> <p>Applesauce (1/2 c) WG Pancakes (1/2)</p>	4	<p><b>Breakfast</b></p> <p>WG Bagel (1/2) Mixed Fruit (1/2c)</p> <p><b>Lunch</b></p> <p>Open Faced Samosa (1/2c) WG Flatbread (1/2) Diced Potatoes (1/4c) Banana (1/4c)</p> <p><b>Snack</b></p> <p>WG Soft Pretzel (1/2) Cucumber Coins (1/2 c) Ranch</p>	5	<p><b>Breakfast</b></p> <p>WG Toast (1/2 slice) Peaches (1/2 c)</p> <p><b>Lunch</b></p> <p>Chicken Diced (1/2 cup) WG Roll (1) Spinach Salad (1/2 c) Ranch Strawberries (1/4c)</p> <p><b>Snack</b></p> <p>WG English Muffin (1/2) Fresh Mixed Vegetable (1/4c) Hummus (1/4 c)</p>	6	<p><b>Breakfast</b></p> <p>WG French Toast Sticks (1) Tropical Fruit (1/2 c)</p> <p><b>Lunch</b></p> <p>Cheese Quesadilla (1) WG Roll (1) Black Beans (1/8c) Tomato Slices (1/4 c) Blueberries (1/4 c)</p> <p><b>Snack</b></p> <p>Yogurt (1/4 c) Mixed Fruit (1/2 c)</p>	7
1	<p><b>Breakfast</b></p> <p>Granola (1/8c) Yogurt (1/4 c-extra) Pineapple (1/2 c)</p> <p><b>Lunch</b></p> <p>Tuna Twist Salad (1/4 c) WG Tortilla (1/2) Carrots (1/4 c) Ranch Mango (1/4 c)</p> <p><b>Snack</b></p> <p>Cheese Stick (1/2) Peaches (1/2 c)</p>	10	<p><b>Breakfast</b></p> <p>WG Waffle Stick (1) Mixed Berries (1/2 c)</p> <p><b>Lunch</b></p> <p>Chicken Tikka Masala (1/2 c) Brown Rice (1/4 c) Green Grapes Halved (1/4 c)</p> <p><b>Snack</b></p> <p>Apple (1/2) Cottage cheese (1/8 c)</p>	11	<p><b>Breakfast</b></p> <p>WG Toast (1/2 slice) Oranges (1/2 c)</p> <p><b>Lunch</b></p> <p>Ranchero Bean Tacos (1/4c) Shredded Cheese (1/8c) WG Tortilla (1/2) Lettuce salad w/spinach (1/2 c) Ranch Blackberries (1/4 c)</p> <p><b>Snack</b></p> <p>WG Tortilla Chips (7) Melon (1/2 c)</p>	12	<p><b>Breakfast</b></p> <p>WG Biscuit (1/2) Banana (1/2 c)</p> <p><b>Lunch</b></p> <p>Mediterranean Chicken (1 breast) Brown Rice Pilaf (1/4 c) Sweet Pepper Slices (1/4 c) Blood Oranges (1/4 c)</p> <p><b>Snack</b></p> <p>Diced Chicken (1/8c) Fruit Salad (1/2 c)</p>	13	<p><b>Breakfast</b></p> <p>WG Banana Bread Square (1/2 slice) Strawberries (1/2c)</p> <p><b>Lunch</b></p> <p>Grilled Cheese (1 sandwich) Tomato Soup (1 cup) Peaches (1/4 c)</p> <p><b>Snack</b></p> <p>WG Mini Bagel (1/2) Kiwi (1/2 c)</p>	14
2	<p><b>Breakfast</b></p> <p>WG Muffin (1/2) Diced Chicken (extra- 1/8c) Pears (1/2 c)</p> <p><b>Lunch</b></p> <p>Sloppy Joe (1/3c) WG Dinner Roll (1) Green Peas (1/4 cup) Oranges (1/4 cup)</p> <p><b>Snack</b></p> <p>Granola (1/8 cup) Yogurt (1/4 cup)</p>	17	<p><b>Breakfast</b></p> <p>Cereal- Toasted Oats (1/2c) Sunshine Mixed Fruit (1/2 c)</p> <p><b>Lunch</b></p> <p>Chicken Roll Up (1) (Chicken-1/4c, Tortilla-1/2, cheese 1/4c) Carrots (1/4 c) Tropical Fruit (1/4 c)</p> <p><b>Snack</b></p> <p>Turkey Wraps (1 slice turkey &amp; ½ WG tortilla) Herbed Cream Cheese - extra</p>	18	<p><b>Breakfast</b></p> <p>WG Biscuit (1/2) Mixed Berries (1/2 c)</p> <p><b>Lunch</b></p> <p>Three Sisters Soup (1/4c) Turkey Burger (1) Ketchup WG Flatbread Bun (1/2) Apple Slices (1/4c)</p> <p><b>Snack</b></p> <p>Snack Mix (1/2 c) Grapes Halved (1/2 c)</p>	19	<p><b>Breakfast</b></p> <p>WG Bagel (1/4) Banana (1/2c)</p> <p><b>Lunch</b></p> <p>Crunchy Chx Hawaiian (2/3 cup) WG Tortilla (1) Mixed Fruit (1/4c)</p> <p><b>Snack</b></p> <p>WG Tortilla Chips (7 chips) Salsa (1/4 c) Fresh Mixed Vegetable (1/4c)</p>	20	<p><b>Breakfast</b></p> <p>WG Pancakes (1/2) Mandarin Oranges (1/2 c)</p> <p><b>Lunch</b></p> <p>WG Pizza (1 slice) Cauliflower (1/4 c) <b>(Cooked)</b> Ranch Mixed Fruit (1/4 c)</p> <p><b>Snack</b></p> <p>Broccoli (1/2 c) Hummus (1/8 c)</p>	21
3	<p><b>Breakfast</b></p> <p>WG Toast (1/2 slice) Cottage Cheese (extra 1/8 c) Pineapple (1/2 c)</p> <p><b>Lunch</b></p> <p>WG Fish Stick (3) Ketchup/Ranch WG Bread Stick (1/2) Broccoli Slaw (1/4 c) Kiwi (1/4 c)</p> <p><b>Snack</b></p> <p>Jicama/Carrot Sticks (1/2c) Ranch Hard-boiled Eggs (1/2)</p>	24	<p><b>Last day HS Centers</b></p> <p><b>Breakfast</b></p> <p>WG Muffin (1/2) Applesauce (1/2 c)</p> <p><b>Lunch (PICNIC LUNCH)</b></p> <p>Deli Turkey Slices (2 Slices) WG Bun (1 bun) Carrots (1/4 c) Ranch Applesauce (1/4 c)</p> <p><b>Snack</b></p> <p>Bagel (1/2) Cheese stick (1)</p>	26	<p><b>Breakfast</b></p> <p>WG French Toast Stick (1) Mango (1/2 c)</p> <p><b>Lunch</b></p> <p>WG Spaghetti Casserole (3/8 c) Cauliflower (1/4c) Ranch Fruit infused Applesauce (1/4 c)</p> <p><b>Snack</b></p> <p>WG Toasted Oats (1/2c) Banana (1/2)</p>	27	<p><b>Breakfast</b></p> <p>WG Muffin (1/2) Strawberries (1/2 c)</p> <p><b>Lunch</b></p> <p>Yogurt (3/4c) WG Pancakes (1/2) Cucumber Coins (1/4 c) Ranch Melon (1/4 c)</p> <p><b>Snack</b></p> <p>WG Tortilla Chips (7) Egg salad (1/4c)</p>	28	<p><b>Breakfast</b></p> <p>Cereal- Toasted Oats (1/2c) Apple Slices (1/2 c) (Baked)</p> <p><b>Lunch</b></p> <p>Bean Burrito Bowl (1/2c) Brown Rice (1/4c) Cheese (1/8 c) Salsa (1/4 c) Lettuce Salad (1/8c) Ranch Peaches (1/4 c)</p> <p><b>Snack</b></p> <p>WG English Muffin (1/2) Sauce (2 TBSP) Shredded Cheese (1/8c)</p>	

\*1% milk is served with breakfast and lunch daily in classrooms  
Blue = EHSCCC and HSCCC  
No color = all classrooms