



MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
1	WG Toast Cottage Cheese Pineapple 1% Milk	2	Yogurt Apricots Whole Grain Biscuit Milk 1%	3	French Toast Stick Mango Chunks 1% Milk	4	WG Muffin Strawberries 1% Milk	5	Cereal-Toasted Oats Baked Apple Slices 1% Milk
8	English Muffin Half Mandarin Oranges Egg Patty 1% Milk	9	Yogurt Strawberries Whole Grain Biscuit 1% Milk	10	WG Bagel Mixed Fruit 1% Milk	11	WG Toast Peaches 1% Milk	12	French Toast Stick Tropical Fruit 1% Milk
15	Granola Pineapple Greek Yogurt 1% Milk	16	WG Waffle Sticks Mixed Berries 1% Milk	17	WG Toast Orange Slices 1% Milk	18	Whole Grain Biscuit Banana Slices 1% Milk	19	* OFF
22	* OFF	23	Cereal-Toasted Oats Sunshine Fruit Egg Patty 1% Milk	24	Whole Grain Biscuit Mixed Berries 1% Milk	25	WG Bagel Banana Slices 1% Milk	26	WG Pancake Mandarin Oranges 1% Milk
29	WG Toast Cottage Cheese Pineapple 1% Milk	30	Yogurt Apricots Whole Grain Biscuit 1% Milk						

School News

*Items on menu
subject to change*





MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
1	Carrot Sticks Hard Boiled Egg	2	Fruit Yog Smoothie	3	Cereal-Toasted Oats Banana Slices	4	WG Beet Chip Egg Salad	5	Cheese Pizza Eng Muf
8	Cheese Slices Whole Wheat Crackers	9	Applesauce WG Pancake	10	WG Mini Soft Pretzel Cucumber Coins	11	English Muffin Half Fresh Mixed Veggies Hummus	12	Yogurt Mixed Fruit
15	Cheese Stick Peaches	16	Apple Slices Diced Chicken	17	Spinach & Kale Chips Fresh Melon	18	Cheese Stick Fruit Salad	19	* OFF
22	* OFF	23	Granola Yogurt	24	Snack Mix Halved Green Grapes	25	Tortilla Chips Salsa Fresh Mixed Veggies	26	Broccoli Hummus
29	Carrot Sticks Hard Boiled Egg	30	Fruit Yog Smoothie						

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MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
1	Fish Sticks WG Bread Stick Broccoli Slaw Kiwi 1% Milk	2	Kati Kati Chicken Jollof Rice Pears Milk 1%	3	Spaghetti Casserole Cauliflower Fruit Applesauce 1% Milk	4	Yogurt WG Pancake Cucumber Coins Fresh Melon 1% Milk	5	Bean Burrito Bowl Brown Rice Shredded Cheese Salsa Shredded Lettuce Peaches 1% Milk
8	Chicken Strips Coleslaw Pineapple 1% Milk	9	Deli Turkey WG Flatbread Bun Artisan Salad Pears 1% Milk	10	"Samosa" WG Flatbread Bun Diced Potatoes Banana Slices 1% Milk	11	Bean Chili Cornbread Grapefruit 1% Milk	12	WG Quesadilla Black Beans Tomato Slices Blueberries 1% Milk
15	Twisted Tuna WG Tortilla Carrots Mango Chunks 1% Milk	16	Chicken Tikka Masala Brown Rice Halved Green Grapes 1% Milk	17	Ranchero Beans WG Tortilla Shredded Cheese Lettuce Salad Blackberries 1% Milk	18	Mediterranean Chickn Brown Rice Pilaf Pepper Slices Blood Oranges 1% Milk	19	* OFF
22	* OFF	23	Chicken Roll Up WG Tortilla Shredded Cheese Carrots Tropical Fruit 1% Milk	24	Three Sisters Soup Turkey Burger WG Flatbread Bun Apple Slices 1% Milk	25	Asian Tofu Brown Rice Stir Fry Veggies Fresh Melon 1% Milk	26	Cheese Pizza Cauliflower Mixed Fruit 1% Milk
29	Fish Sticks WG Bread Stick Broccoli Slaw Kiwi 1% Milk	30	Kati Kati Chicken Jollof Rice Pears 1% Milk						

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MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
1	Cheese Slices Whole Wheat Crackers	2	WG Toast Pineapple	3	WG Bagel Orange Slices	4	Snack Mix Applesauce	5	Whole Grain Biscuit Mixed Fruit
8	Cheese Slices Whole Wheat Crackers	9	WG Toast Pineapple	10	WG Bagel Orange Slices	11	Snack Mix Applesauce	12	Whole Grain Biscuit Mixed Fruit
15	Cheese Slices Whole Wheat Crackers	16	WG Toast Pineapple	17	WG Bagel Orange Slices	18	Snack Mix Applesauce	19	* OFF
22	* OFF	23	WG Toast Pineapple	24	WG Bagel Orange Slices	25	Snack Mix Applesauce	26	Whole Grain Biscuit Mixed Fruit
29	Cheese Slices Whole Wheat Crackers	30	WG Toast Pineapple						

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