



| MONDAY | | TUESDAY | | WEDNESDAY | | THURSDAY | | FRIDAY | |
|--------|--|---------|--|-----------|---|----------|---|--------|-------|
| | | | | | | | | 1 | * OFF |
| 4 | WG Toast Cottage Cheese Pineapple 1% Milk | 5 | Yogurt Apricots Whole Grain Biscuit 1% Milk | 6 | French Toast Stick Mango Chunks 1% Milk | 7 | WG Muffin Strawberries 1% Milk | 8 | * OFF |
| 11 | * OFF | 12 | * OFF | 13 | * OFF | 14 | * OFF | 15 | * OFF |
| 18 | Granola Pineapple Greek Yogurt 1% Milk | 19 | Whole Grain Waffles Mixed Berries 1% Milk | 20 | WG Toast Orange Slices 1% Milk | 21 | Whole Grain Biscuit Banana Slices 1% Milk | 22 | * OFF |
| 25 | WG Fruited Muffin Diced Chicken Pears 1% Milk | 26 | Cereal-Toasted Oats Sunshine Fruit 1% Milk | 27 | Whole Grain Biscuit Mixed Berries 1% Milk | 28 | WG Bagel Banana Slices 1% Milk | 29 | * OFF |

School News

Items on menu subject to change





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|--------|----------------------------------|---------|---|-----------|--------------------------------------|----------|--|--------|-------|
| | | | | | | | | 1 | * OFF |
| 4 | Carrot Sticks Hard Boiled Egg | 5 | Fruit Yog Smoothie | 6 | Cereal-Toasted Oats Banana Slices | 7 | WG Beet Chip Egg Salad | 8 | * OFF |
| 11 | * OFF | 12 | * OFF | 13 | * OFF | 14 | * OFF | 15 | * OFF |
| 18 | Cheese Stick Peaches | 19 | Apple Slices Cottage Cheese | 20 | Spinach & Kale Chips Fresh Melon | 21 | Diced Chicken Fruit Salad | 22 | * OFF |
| 25 | Granola Yogurt | 26 | Turkey Slices WG Tortilla Herbed Cream Cheese | 27 | Snack Mix Halved Green Grapes | 28 | Tortilla Chips Salsa Fresh Mixed Veggies | 29 | * OFF |

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|--------|---|---------|---|-----------|--|----------|---|--------|-------|-------|
| | | | | | | | | 1 | * OFF | |
| 4 | Fish Sticks WG Bread Stick Broccoli Slaw Kiwi 1% Milk | 5 | Kati Kati Chicken Jollof Rice Pears 1% Milk | 6 | Spaghetti Casserole Cauliflower Fruit Applesauce 1% Milk | 7 | Yogurt WG Mini Pancakes Cucumber Coins Fresh Melon 1% Milk | 8 | | * OFF |
| 11 | * OFF | 12 | * OFF | 13 | * OFF | 14 | * OFF | 15 | * OFF | |
| 18 | Twisted Tuna WG Tortilla Carrots Mango Chunks 1% Milk | 19 | Chicken Tikka Masala Brown Rice Halved Green Grapes 1% Milk | 20 | Ranchero Beans WG Tortilla Shredded Cheese Lettuce Salad Blackberries 1% Milk | 21 | Mediterranean Chickn Brown Rice Pilaf Pepper Slices Blood Oranges 1% Milk | 22 | | * OFF |
| 25 | Sloppy Joe's WG Roll Peas Orange Slices 1% Milk | 26 | Chicken Roll Up WG Tortilla Shredded Cheese Carrots Tropical Fruit 1% Milk | 27 | Three Sisters Soup Turkey Burger WG Flatbread Bun Apple Slices 1% Milk | 28 | Asian Tofu Brown Rice Stir Fry Veggies Fresh Melon 1% Milk | 29 | | * OFF |

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