



MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
								1	WG Mini Pancakes Mandarin Oranges Milk
4	WG Toast Cottage Cheese Pineapple Milk	5	Yogurt Apricots Whole Grain Biscuit Milk	6	French Toast Stick Mango Chunks Milk	7	WG Muffin Strawberries Milk	8	Cereal-Toasted Oats Baked Apple Slices Milk
11	English Muffin Half Mandarin Oranges Egg Patty Milk	12	Yogurt Strawberries Whole Grain Biscuit Milk	13	WG Bagel Mixed Fruit Milk	14	WG Toast Peaches Milk	15	French Toast Stick Tropical Fruit Milk
18	Cereal-Toasted Oats Pineapple Yogurt Milk	19	Whole Grain Waffles Mixed Berries Milk	20	WG Toast Orange Slices Milk	21	* OFF	22	* OFF
25	WG Fruited Muffin Diced Chicken Pears Milk	26	Cereal-Toasted Oats Sunshine Fruit Milk	27	Whole Grain Biscuit Mixed Berries Milk	28	WG Bagel Banana Slices Milk	29	* OFF

School News

*Items on menu
subject to change*





MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
								1	Broccoli Hummus
4	Carrot Sticks Hard Boiled Egg	5	Fruit Yog Smoothie	6	Cereal-Toasted Oats Banana Slices	7	WG Beet Chip Egg Salad	8	Cheese Pizza Eng Muf
11	Cheese Slices Whole Wheat Crackers	12	Applesauce WG Mini Pancakes	13	WG Mini Soft Pretzel Cucumber Coins	14	English Muffin Half Fresh Mixed Veggies Hummus	15	Yogurt Mixed Fruit
18	Cheese Stick Peaches	19	Apple Slices Cottage Cheese	20	Spinach & Kale Chips Fresh Melon	21	* OFF	22	* OFF
25	Granola Yogurt	26	Turkey Slices WG Tortilla Herbed Cream Cheese	27	Snack Mix Halved Green Grapes	28	Tortilla Chips Salsa Fresh Mixed Veggies	29	* OFF

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MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
								1	Cheese Pizza Cauliflower Mixed Fruit Milk
4	Fish Sticks WG Bread Stick Broccoli Slaw Kiwi Milk	5	Kati Kati Chicken Jollof Rice Pears Milk	6	Spaghetti Casserole Cauliflower Fruit Applesauce Milk	7	Yogurt WG Mini Pancakes Cucumber Coins Fresh Melon Milk	8	Bean Burrito Bowl Brown Rice Shredded Cheese Salsa Lettuce Salad Peaches Milk
11	Chicken Strips Coleslaw Pineapple Milk	12	Deli Turkey WG Flatbread Bun Artisan Salad Pears Milk	13	"Samosa" WG Flatbread Bun Diced Potatoes Banana Slices Milk	14	Bean Chili Cornbread Grapefruit Milk	15	WG Quesadilla Black Beans Tomato Slices Blueberries Milk
18	Twisted Tuna WG Tortilla Carrots Mango Chunks Milk	19	Chicken Tikka Masala Brown Rice Halved Green Grapes Milk	20	Ranchero Beans Shredded Cheese WG Tortilla Lettuce Salad Blackberries Milk	21	* OFF	22	* OFF
25	Sloppy Joe's WG Roll Peas Mandarin Oranges Milk	26	Chicken Roll Up WG Tortilla Shredded Cheese Carrots Tropical Fruit Milk	27	Three Sisters Soup Turkey Burger WG Flatbread Bun Apple Slices Milk	28	Asian Tofu Brown Rice Stir Fry Veggies Fresh Melon Milk	29	* OFF

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