



MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
								1	* OFF
4	WG Toast Cottage Cheese Pineapple 1% Milk	5	Yogurt Apricots Whole Grain Biscuit 1% Milk	6	French Toast Stick Mango Chunks 1% Milk	7	WG Muffin Strawberries 1% Milk	8	* OFF
11	English Muffin Half Mandarin Oranges Egg Patty 1% Milk	12	Yogurt Strawberries Whole Grain Biscuit 1% Milk	13	* OFF	14	* OFF	15	* OFF
18	* OFF	19	WG Toast Orange Slices Yogurt 1% Milk	20	Whole Grain Waffles Mixed Berries 1% Milk	21	Whole Grain Biscuit Banana Slices 1% Milk	22	* OFF
25	WG Fruited Muffin Diced Chicken Pears 1% Milk	26	Cereal-Toasted Oats Sunshine Fruit 1% Milk	27	Whole Grain Biscuit Mixed Berries 1% Milk	28	WG Bagel Banana Slices 1% Milk		

School News

*Items on menu
subject to change*





MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 * OFF
4 Carrot Sticks Hard Boiled Egg	5 Fruit Yog Smoothie	6 Cereal-Toasted Oats Banana Slices	7 WG Beet Chip Egg Salad	8 * OFF
11 Cheese Slices Whole Wheat Crackers	12 Applesauce WG Mini Pancakes	13 * OFF	14 * OFF	15 * OFF
18 * OFF	19 Apple Slices Cheese Stick	20 Spinach & Kale Chips Fresh Melon	21 Diced Chicken Fruit Salad	22 * OFF
25 Granola Yogurt	26 Turkey Slices WG Tortilla Herbed Cream Cheese	27 Snack Mix Halved Green Grapes	28 Tortilla Chips Salsa Fresh Mixed Veggies	

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 * OFF
4 Fish Sticks WG Bread Stick Broccoli Slaw Kiwi 1% Milk	5 Kati Kati Chicken Jollof Rice Pears 1% Milk	6 Spaghetti Casserole Cauliflower Fruit Applesauce 1% Milk	7 Yogurt WG Mini Pancakes Cucumber Coins Fresh Melon 1% Milk	8 * OFF
11 Chicken Strips Coleslaw Pineapple 1% Milk	12 Deli Turkey WG Flatbread Bun Artisan Salad Pears 1% Milk	13 * OFF	14 * OFF	15 * OFF
18 * OFF	19 Chicken Tikka Masala Brown Rice Halved Green Grapes 1% Milk	20 Ranchero Beans WG Tortilla Shredded Cheese Lettuce Salad Blackberries 1% Milk	21 Mediterranean Chickn Brown Rice Pilaf Pepper Slices Blood Oranges 1% Milk	22 * OFF
25 Sloppy Joe's WG Roll Peas Orange Slices 1% Milk	26 Chicken Roll Up WG Tortilla Shredded Cheese Carrots Tropical Fruit 1% Milk	27 Three Sisters Soup Turkey Burger WG Flatbread Bun Apple Slices 1% Milk	28 Asian Tofu Brown Rice Stir Fry Veggies Fresh Melon 1% Milk	

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